

ISSUED JANUARY 2016

ENERATIONS

Interventions for professionals in behavioral health and
addiction treatment of today's adult generations

MARCH 31 - APRIL 1, 2016

**Salt Palace Convention Center
100 So. West Temple • Salt Lake City, Utah**

**With special pre-conferences in Dialectical Behavior Therapy [DBT],
Motivational Interviewing & Lethality Assessment - March 30th**

*Gain major continuing education
credits and learn from a spectacular
line-up of experts including
world-renown expert & advocate
Temple Grandin*



Supported by the
Utah Division of Substance Abuse & Mental Health

Founded by the
University of Utah Neuropsychiatric Institute
501 Chipeta Way • Salt Lake City, UT 84108

ANCHOR DOWN & STAY AFLOAT

Complex problems and life obstacles are dynamic and, at various times, impact everyone. When in flux, individuals need the help of health, behavioral health and/or addiction professionals. In addition to providing interventions for these clients, professionals must stay on top of structural issues and financial risk factors impacting their practices. Emerging directions towards integrated practice alone demand that providers modify their practices and continually train in order to adapt and survive in today's ever-evolving systems of care.

- Bring your colleagues or come alone and meet new associates, collaborators, and referral sources.
- Secure your professional credit hours for licensure in just two days.
- Enjoy choices and extensive **topic variety** rather than being locked into tracks.
 - Trauma
 - Stress Management
 - PTSD
 - Anxiety
 - Violence
 - Dialectical Behavior Therapy
 - Humor
 - Autism
 - Addictions
 - Social Media
 - End-of-Life
 - Relationships & Therapy
 - Neuropsychology & Cognitive Remediation
 - Motivational Interviewing
 - Anger & Aggression
 - Panic
 - Resiliency
 - Suicide
 - Axis II Disorders
 - Lethality Assessment
 - Eating Disorders
 - Emotional Intelligence
 - Integrated Care
 - Substance Use / Abuse – Trends & Treatment
 - Depression
 - Family Therapy
 - Grief & Loss
- Meet your new licensing requirements for training in targeted areas such as ethics and suicide.
- Save money and enjoy the convenience of compact, quality training compared to the cost and location of other programs.
- Explore new career opportunities for change or expansion

EVENT BEACON

Generations, a highly respected annual conference for professionals working with **critical behavioral health and addiction issues** confronting today's adult generations, will guide you by providing the latest research and most current and effective treatment skills and modalities, via:

- sound, in-depth clinical information;
- skill-building workshops;
- case practices;
- TED-style talks;
- current evidence-based practices and practice-based evidence;
- lively and interactive breakouts;
- debates & ethical discussions;
- breaking research; and,
- concrete tools and technical skills development.

Once you leave this conference, you will be able to:

- Expand your knowledge and develop strategies to more effectively promote the healthy growth and development of individuals in all adult developmental stages and various cultural / ethnic backgrounds who are dealing with behavioral health challenges and/or addiction issues;



- Employ effective working tools to properly intervene in these issues;
- Identify needs and access current resources; and,
- Use tools to develop and implement prevention and intervention programs in business, community and/or government sectors.



IS THIS EDUCATIONAL VESSEL FOR YOU?

Aye, Aye – This program, designed to help improve clinical practices and enhance client care through unrivaled professional education, is targeted to providers in:

- | | | |
|--------------------------|-----------------------------|---|
| • Addiction Treatment | • Gerontology | • Nursing |
| • Case Management | • Health Education | • Primary Care |
| • Clergy | • Higher Education | • Psychiatry |
| • Corrections / Judicial | • Home Health | • Psychology |
| • Counseling | • Hospice | • Social Work |
| • Education | • Law Enforcement | • Other Health, Behavioral Health & Addiction Professions |
| • Employee Assistance | • Long-Term Care | |
| • First Responders | • Marriage / Family Therapy | |
| • Family Practice | • Medicine | |
| • Geriatrics | • Military Specialties | |

SET SAIL NOW

REGISTER EARLY TO GUARANTEE YOUR SEAT!

You won't want to miss the amazing and unique line-up of nationally and locally renowned authorities. Many seek these experts but few reach them due to cost, geography, schedules or other blocks. Now, they will be together and conveniently available to you under one roof!

No need to travel far, attend multiple trainings, pay high costs or endure mediocre programs. Instead, Generations 2016 will let you

- Enjoy an incredible professional education program for a **reasonable price**;
- Select sessions based upon your **interests and work**; and,
- Experience targeted training and skill-building opportunities while filling new professional **ethics and continuing education** requirements.

Stay on top of today's dynamic treatment environment by guaranteeing your seat at this celebrated, highly revered conference and soak-in:

- Extensive continuing education credits.
- A diversity of clinical presentations focused on treatment
- A substantial program packet with resource information & faculty handouts
- Access to a conference bookstore
- Bountiful & tasty food
- Skill-building practicums
- Specialized tracks in targeted therapeutic spheres
- Spacious, comfortable setting
- Nationally & locally celebrated faculty providing energetic programs
- Huge topic / workshop variety
- Plentiful networking, referral and resource building opportunities
- Audio-visual program enhancements
- Showcases, exhibits & resource areas
- Discounted lodging accommodations
- Gifts & more!

HOW CAN I GET ABOARD



- **Simply complete and submit** the attached **"Registration Form"** OR
- **Register with your credit card** on-line at **www.esimgt.org** using conference code **"G331"**

In the event of unforeseen circumstances, cancellations must be received in writing by:

- February 29 for a full refund
- March 11 for a 50% refund
- No refunds will be granted after March 11

SET COURSE & SECURE YOUR ETHICS & CONTINUING EDUCATION CREDITS

Generations 2016 provides you with major continuing education hours for an economical rate. You will walk away from the two-day conference with up to **13.25 continuing education hours / credits** in most fields with an additional **7.5 hours** possible via pre-conference workshops.

- **Professional Credit:** This program has been approved by the:
 - National Association of Alcohol and Drug Abuse Counselors (NAADAC)
 - National Association of Social Workers (NASW) – Utah Chapter
 - Nevada Nurses Association (pending final approval)
 - Police Officer Standards & Training (POST training hours are available)
 - Utah Association for Marriage & Family Therapy (UAMFT)
 - Utah Healthcare Association (for Long-Term Care Administrators)
 - Utah Psychological Association
- **Accreditation:** ESI Management Group is accredited by the Utah Medical Association to provide continuing medical education for physicians.
- **AMA Credit:** ESI Management Group designates this live educational activity for a maximum of 20.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- **Certificate of Attendance:** Attendees may register to receive this document which can be used to verify participation to employers, accrediting organizations and others. (See "Registration Form")

The Division of Occupational & Professional Licensing (DOPL) does NOT require educational programs to be pre-approved for most disciplines. Proving your attendance at an educational program pertinent to your field IS required. This may be done by showing your conference syllabus. If you prefer, certificates are also available for this purpose.

(In some states, CME programs like this may be used for re-licensure credit in other fields – additional to those listed, whether or not specific advance approval has been obtained by specific associations / entities. Each individual is responsible to record and report their attendance to their licensing organization and to check on reciprocity and licensure credit as needed.)



ANCHOR YOUR LODGING ACCOMMODATIONS SOON

Exclusive discounted room rates are available within walking distance of the conference to participants of Generations 2016.

Hilton Salt Lake City Center offers rooms with beautiful panoramic views of Salt Lake and is located diagonally across the street from the Salt Palace Convention Center. To take advantage of discounted room rates of \$142 per night, single or double occupancy, simply contact the hotel at 800-HILTONS or 877-776-4936 by March 10th and identify yourself as an attendee of Generations 2016. If you prefer to book on-line, click on <http://www.hilton.com/en/hi/groups/personalized/S/SLCCCHH-EMG-20160331/index.jhtml> or go to www.hiltonsaltlakecity.com and use group code **EMG**. Underground, self-parking is available on-site (255 South West Temple) to hotel guests for \$15 per day.

Holiday Inn Express, a newly renovated hotel across from the Salt Palace area hosting Generations, will honor a special rate of \$149 per night, single or double occupancy for conference attendees. On-site parking (206 South West Temple) is \$10 per day. Reservations may be made directly with the hotel by calling 801-521-9500 by February 29th and mentioning Generations 2016.



NAVIGATION TIPS FOR PARKING & TRANSPORTATION

For your convenience and in support of a clean environment, carpooling and the use of TRAX are encouraged. The Temple Square TRAX stop is less than one block north of the convention center - on the intersect of West Temple and South Temple.

Easily accessible, underground, self-parking is available at the Salt Palace Convention Center for guests of Generations for a rate of \$8-12/day. For your maximum convenience, enter the lot on the south side of the Salt Palace - 200 South 200 West then summon the elevator to the ballroom level.

Alternate parking options include the self-parking public lots at 144 West Pierpont for \$5/day; the lot at 275 South West Temple for \$10/day; or, the lot north of the Peery Hotel (110 West Broadway) for \$12 /day with in and out privileges.

The conference and its headquarter hotels are just a ten minute drive from the Salt Lake International Airport. For airport transportation, you may check with your hotel, use Express Shuttle for \$8 per person each way (801-596-1600 – advance reservations welcome) or TRAX public transportation for \$2.50 per person each way.

(All prices noted are as of print date.)



TAKE AFTER-HOUR LEAVE FOR CITY EVENTS

Headquartered in the heart of downtown Salt Lake City – in both the entertainment and business district, this conference is across the street from the City Creek Centre and surrounded by over sixty restaurants, bars and nightclubs. You are sure to find options to fill your yearnings from sun up to sun down. For information on Salt Lake City events or recreation during or around the conference dates, call the Salt Lake Convention and Visitors Bureau at 801-534-4901 or 800-541-4955. Even locals may want to plan some fun activities around the conference!

FOR QUESTIONS OR ADDITIONAL ADVISE



Contact ESI Management Group at 801-501-9446 or toll-free 877-501-9446.

EVENT MANIFEST

PRE-CONFERENCE OPTIONS WEDNESDAY, MARCH 30, 2016

8:00 - 4:30

ADVANCING YOUR DBT PRACTICE SKILLS

Provided by Willow Springs Center

For some time, Generations has provided multiple sessions on the skills of Dialectical Behavior Therapy (DBT). Now, taking that to the next level and better meet requests for more intense training that leaves participants with the confidence, knowledge, and ability to incorporate DBT skills into their own practice without attending costly, multi-day events of intense training, Generations 2016 is offering a special day-long pre-conference workshop conducted by certified DBT clinicians that will focus on skills such as

- Mindfulness,
- Distress Tolerance,
- Emotion Regulation; and,
- Interpersonal Effectiveness.

These skills, together with the latest updates of this cognitive behavioral treatment, can be used with a variety of clients. Once you identify client strengths and help them identify thoughts, beliefs and assumptions that make life harder, you will be able to apply techniques for those with borderline personality disorder, substance dependence, depression, post-traumatic stress, eating disorders and more. DBT has been proven effective and has been shown to reduce suicide behavior, non-suicidal self-injury, psychiatric hospitalization, treatment dropout, substance use, anger and depression; and, improve social and global functioning.

Research, as well as anecdotal results from clinicians around the globe demonstrate more effectiveness with incorporation of some DBT skills, short of full model use, than without inclusion of such techniques. After attending this special workshop, not only will you be able to immediately implement these DBT skills effectively in your own practices, you may also count this training as one step towards eventual certification in DBT.

1:00 - 4:00

LETHALITY ASSESSMENT TRAINING

Jacquelyn C. Campbell, PhD, RN, FAAN – Anna D. Wolf Chair & Professor, Johns Hopkins University School of Nursing – supported by the Utah Domestic Violence Coalition

In July 2015, formal agreements were established between law enforcement agencies and victim service providers to pilot the Maryland Lethality Assessment Protocol across Utah. Now treatment providers and medical professionals are joining this effort as well and you can join them in this exciting movement to assess risk and network with partners to lower risk for domestic violence.

The Lethality Assessment Program—Maryland Model (LAP) is an innovative strategy to prevent domestic violence homicides and serious injuries. It provides an easy and effective method for law enforcement and other community professionals—health care providers, clergy, case workers, and court personnel—to identify victims of domestic violence who are at the highest risk of being seriously injured or killed by their partners, and immediately connect them to domestic violence service programs. LAP is a multi-pronged intervention consisting of a standardized, evidence-based lethality assessment instrument and accompanying referral protocol to help first responders make a differentiated response tailored to the unique circumstances of High-Danger victims.

The Lethality Screen is a field tool adapted from Dr. Jacquelyn Campbell's Danger Assessment, a screening instrument used by counselors and clinicians to assess a victim's risk of



homicide or severe re-assault. Now, as a special offering of Generations 2016, you can meet Dr. Campbell and learn about this invaluable tool directly from her!

Dr. Campbell will teach you how to administer and score the DA to victim / survivors, interpret the levels of danger and determine what kinds of safety strategies might be recommended. After participating in this program, you will be eligible for certification in the DA. Directions on how to obtain and use this certification will be included in the training.

8:00 - 5:00

MOTIVATIONAL INTERVIEWING

Brad Lundahl, PhD - Associate Professor, University of Utah College of Social Work; Licensed Clinical Psychologist & Social Worker; MINT Trainer; MI Researcher

As popular and widely used as ever, Motivational Interviewing, M,I provides a framework for understanding factors related to an individual's readiness, or lack thereof, to change and techniques designed to encourage behavior change, and promote and maintain a commitment of change. Additionally, MI provides a philosophy about the role clinicians' play in assessing individuals to make behavioral changes.

The primary goal of this training is to provide you with an understanding of MI theory and effective techniques to use in assessing readiness to change and to promote commitment to make behavioral changes with individuals and families. More than gaining an understanding of MI in one or two breakout sessions, you will gain MI skills needed to assess a client's motivation to change, and apply techniques of reflective listening, open-ended questions, resistance rolling, client affirmation, and transition from motivation to behavioral change plans. You can then use these skills to promote clients' intrinsic motivation to change through identifying, evoking and reinforcing change talk; and, prevent and/or respond to client resistance.

Get your certificate for this MI training from this master and sought-after trainer in this unique Generations offering.

PROGRAM HIGHLIGHTS

Generations 2016 offers many unique and exciting new features for this 15th anniversary program. In addition to the features previously noted, you will have opportunities to enjoy:

- **TED Talks & Related Lively Formats**
- **Premier Theatrical Presentations**
- **Consumer Art & Exhibitions**
- **A Special Movie Screening**
- **Guides to help you become eligible to treat military clients**
- **A few shockers for this 15th Anniversary!**



Featured speaker: Temple Grandin

Defying expectations that autism would prevent her from living a productive life, Dr. Temple Grandin has enjoyed an amazing and inspiring life, which has been featured in major media programs and an HBO movie. She has revolutionized perceptions of autism and Asperger's Syndrome. At two-years-old, Dr. Grandin had no speech and all the signs of severe autism which, at the time, was deemed a form of brain damage. Fortunately, her mother defied the advice of doctors and kept her out of an institution. Many hours of speech therapy, and intensive teaching enabled Dr. Grandin to learn speech. As a teen, life was hard with constant teasing and struggles in school and social situations. Mentoring by her high school science teacher and her aunt on her Arizona ranch motivated Dr. Grandin to study and pursue a career as a scientist and livestock equipment designer.

She earned her bachelor's degree in psychology, a master's and PhD in animal science. Professor Grandin has taught courses and consulted on livestock behavior and facility design. Her designs are found in livestock facilities throughout the US, Canada, Europe, Mexico, Australia and New Zealand.



Through groundbreaking research and the lens of her own autism, Temple Grandin will touch you with startling insight into two worlds. *Generations* is grateful to a partnership with the Columbus Community Center for making Dr. Grandin's rare appearance possible. Special thanks is also extended to Dr. William McMahon and the University of Utah Department of Psychiatry for financial support of Dr. Grandin's participation.

THURSDAY, MARCH 31, 2016



7:30 - 8:00 REGISTRATION, EXHIBITS & CONTINENTAL BREAKFAST



8:00 - 9:15 WELCOME

Utah Division of Substance Abuse & Mental Health

KEYNOTE ADDRESS: CONNECTING THE DOTS: TRAUMAGENESIS OF INTERPERSONAL & INTERGENERATIONAL VIOLENCE

Jacquelyn C. Campbell, PhD, RN, FAAN – Anna D. Wolf Chair & Professor, Johns Hopkins University School of Nursing (Supported by the Utah Domestic Violence Coalition)



9:15 - 9:30 EXHIBITS & BREAK



9:30 - 10:30 CONCURRENT SESSIONS

CONNECTING THE DOTS CONTINUED: HOW TO PROTECT OUR COMMUNITIES & FAMILIES THROUGH "TRAUMA-INFORMED" VIOLENCE PREVENTION

Jacquelyn C. Campbell, PhD, RN, FAAN

EARLY PSYCHOSIS AMONG YOUNG PEOPLE: WHAT IT IS & WHAT TO DO ABOUT IT

LeAnne Huff, MEd, LPC – Utah Division of Substance Abuse & Mental Health (Coordinator)

Ming Wang, LCSW - Utah Division of Substance Abuse & Mental Health (Moderator)

GETTING TO THE POINT – SOLUTION FOCUSED THERAPY

Doug Nielsen, LCSW – Doug Nielson Coaching & Counseling

INTEGRATED HEALTHCARE: LESSONS LEARNED & WHAT YOU NEED TO KNOW (TED TALKS)

Adam Cohen – Odyssey House of Utah

Stephanie Jewkes, LCSW – Program Manager, Weber Human Services

Becky King, LCSW – Program Administrator, Utah Substance Abuse & Mental Health

Joel Millard, DSW – Executive Director, Project Reality

Jeremy Christensen, LCSW – Assistant Director, Utah Substance Abuse & Mental Health [Moderator]

REFUGEES IN OUR BACK YARD & IN YOUR PRACTICE

Patrick Poulin, LCSW – Executive Director, International Rescue Committee

SPIRITUALITY & MEANING: THE WHY BEHIND THE WHAT IN WELLNESS & RECOVERY

Cory A. Reich, PhD, LMFT – Executive Clinical Director, The Phoenix Recovery Center;

Co-founder, Institute for Addiction Study

TRAUMATIC BRAIN INJURY – TREATMENT & DAILY LIFE ADJUSTMENTS

Adam Schwebach, PhD – Clinical Neuropsychologist, Neuropsychology Center of Utah

WHY SOME 'FAIL' IN PRIVATE PRACTICE

Marco Juracan, PsyD, CMHC – Juracan Center, LLC

ZERO SUICIDE – INTRODUCTION & LESSONS LEARNED FROM PARTICIPATION IN THE 6-STATE PILOT BREAKTHROUGH SERIES

Taryn Aiken – Founding Member, Utah Chapter-American Foundation for Suicide Prevention

Randy Huntington, LCSW – Adult Service Division Director, Wasatch Mental Health



10:30 - 10:45 EXHIBITS & BREAK



10:45 - 12:00 CONCURRENT SESSIONS

COMPLEX TRAUMA: TREATMENT THROUGH THE REENACTMENT OF ERIKSONIAN DEVELOPMENTAL STAGES

Ron J. Llewellyn, PsyD – Clinical Psychologist, Living Waters Counseling; University of Phoenix

DIALECTICAL BEHAVIOR THERAPY

Willow Springs Center

EVIDENCE-BASED PRACTICES: PERMANENT SUPPORTIVE HOUSING & SUPPORTED EMPLOYMENT

Ashley Baker-Tolman – Special Projects Manager, Utah Department of Workforce Services (invited)
Robert Snarr, MPA, LCMHC – Program Administrator, Utah Substance Abuse & Mental Health

MIND-BODY BRIDGING TECHNIQUES

Isaac Phillips, LCSW (Invited)

Derrick Tollefson, LCSW, PhD – Associate Professor of Social Work, Utah State University

SOCIAL MEDIA UPDATES & ETHICS IN TODAY'S BEHAVIORAL HEALTH WORLD

Benjamin Lewis, MD – University of Utah Neuropsychiatric Institute

SUICIDE IN ALL GENERATIONS (TED TALKS)

Troy Andersen, PhD, LCSW – Executive Director, W.D. Goodwill Initiatives on Aging

Larry Eggett, BA-Financial Consultant, Wells Fargo Bank

Doug Gray, MD – (Invited)

Gregory A. Hudnall, MEd, MSW – Executive Director, Hope4Utah

David S. Wood, PhD – Assistant Professor, Brigham Young University

Jeremy Christensen, LCSW – [Moderator]

THE 'OTHER YOUNG ONSET DEMENTIA' – FRONTOTEMPORAL DEGENERATION

Bonnie B. Shepherd, BS – Trustee, FrontoTemporal Association National Board

TREATING ANXIETY & PAVING THE WAY TO A BETTER LIFE

Pending Final Confirmation

USING COMMUNITY & FAMILY STRENGTHS FOR TRAUMA-INFORMED INTERVENTIONS

Jacquelyn C. Campbell, PhD, RN, FAAN



12:00 - 1:15 LUNCHEON



1:15 - 2:30 CONCURRENT SESSIONS

HUMAN TRAFFICKING – FROM THE STREETS TO YOUR OFFICE

Fernando Rivero, MPH, EMT-P – Fire Captain / Paramedic, Unified Fire Authority

ISSUES OF SUBSTANCE (TED TALKS)

Brittany Karzen, MA – Marketing Manager & Media Liason, Utah Department of Health Tobacco Prevention & Control Program [E-Cigarettes]

Jennifer Plumb, MD, MPH – Medical Director, Opioid Overdose Death Prevention Program [Heroin]

Craig L. PoVey, MSW – Prevention Program Administrator, Utah Substance Abuse & Mental Health [Prescriptions]

Ben Reaves, ACMHC – Prevention Program Mgr, Utah Substance Abuse & Mental Health [Marijuana]

Michael Ross, BA – Lieutenant, Salt Lake City Police Department [Law Enforcement]

Jeremy Christensen, LCSW – [Moderator]

KABOOM! THE INTERSECTION OF MENTAL ILLNESS & SEXUAL ASSAULT

Linda Mabey DNP, APRN-BC – Assistant Professor, Brigham Young University College of Nursing

Leslie Miles, DNP, APRN-BC – Assistant Professor, Brigham Young University College of Nursing

Julie Valentine, PhD(C), RN, SANE-A – Assistant Professor, Brigham Young University College of Nursing

NAVIGATING LOSS WHEN SUICIDE HAPPENS: A GUIDE FOR MENTAL HEALTH PROFESSIONALS FACING THE LOSS OF A PATIENT OR COLLEAGUE

Sandra Whitehouse, PhD – Psychology Services Director, University of Utah Neuropsychiatric Institute

PATHOLOGICAL POSITIVITY – MOVE BEYOND THE TRITE ‘JUST THINK POSITIVE’ POP PSYCHOLOGY

Paul H. Jenkins, PhD – Psychologist, Live On Purpose

SETTING A NEW NORM: COGNITIVE REMEDIATION FOR TBI'S AND PSYCHOSIS

Marc A. Steed, PhD – Clinical Neuropsychologist, Utah State Hospital

TREATMENT OF ALL TYPES OF POST-TRAUMATIC STRESS DISORDER

Allison Nitsche, MD, MPH – Assistant Professor, University of Utah

WHEN GRIEF ISN'T WORKING: CARE & TREATMENT STRATEGIES FOR THOSE WHO ARE 'STUCK'

Kathie Supiano, PhD, LCSW, FT, F-GSA – Associate Professor & Director, University of Utah College of Nursing Caring Connections Program

WHY DOESN'T HE / SHE LEAVE? IT'S A BRAIN THING – TOOLS FOR INTERVENTION

Lanette R. Best, CMHC, NCC, CETP – Utah Department of Workforce Services



2:30 - 2:45 EXHIBITS & BREAK



2:45 - 3:45 CONCURRENT SESSIONS

EMBODIED IMAGINATION & HEART - CENTERED MINDFULNESS - BRING PRESENCE & POWER TO YOUR PRACTICE (ENGAGING THERAPY PRACTICES)

Shannon Simonelli, PhD, ATR – Co-founder, Faculty & Practitioner, Neurolmaginal Institute

HELPING BYSTANDERS - TREATING SECONDARY POST-TRAUMATIC STRESS

Allison Nitsche, MD, MPH – Assistant Professor, University of Utah

LIFE AS AN AUTIST

William M. McMahon, MD – Director, Autism Community Outreach

Bruce V. Parsons, PhD – Clinical Psychologist, Adjunct Associate Professor of Psychiatry

NEUROLOGICAL CO-OCCURRENCE & MANAGING BEHAVIORS IN DIFFERENT POPULATIONS

Adam Schwabach, PhD – Director & Neuropsychologist, Neuropsychology Center of Utah

STIGMA'S IMPACT ON PROVIDERS & CONSUMERS (TED TALKS)

Pam Bennett, LCSW – Program Administrator, Utah Substance Abuse & Mental Health [Supplemental Treatments]

Jamie Justice, MSW – Executive Director, NAMI Utah [Mental Health]

Mary Jo McMillan – Executive Director, USARA [Substance Abuse]

Craig L. PoVey, MSW – Program Administrator, Utah Substance Abuse & Mental Health [Prevention]

Doug Thomas, LCSW – Director, Utah Substance Abuse & Mental Health [Recovery]

Jeremy Christensen, LCSW – [Moderator]

SUPERVISION & OUTCOMES FOR EVIDENCE BASED PRACTICES

Klay Reeder, LCSW – Weber Human Services

THE ETHICS OF PROVIDING BEHAVIORAL HEALTH OR ADDICTION TREATMENT

Janet Jensen, JD – Jensen & Guelker

USING INTERPERSONAL RECONSTRUCTIVE THERAPY (IRT) TO HELP PEOPLE WITH COMORBID, TREATMENT-RESISTANT ANGER, ANXIETY, DEPRESSION & SUICIDALITY

Lorna Smith Benjamin, PhD, ABPP – Founder, University of Utah IRT Clinic; Emeritus Psychology Professor & Adjunct Psychiatry Professor, University of Utah

WHEN ABUSE & EXPLOITATION STRIKE YOUR CLIENTS IN LATER LIFE

Utah Domestic Violence Coalition



3:55 - 5:00 CONCURRENT SESSIONS

BRAIN GAMES: DO THEY MAKE A DIFFERENCE? WHAT DOES?

David R. Larsen, MFHD – American Brain Council & Advanced Memory Dynamics, LLC

BUILDING YOUR CAREER AS A SUPPORT SPECIALIST

Pam Bennett, LCSW – Program Administrator, Utah Substance Abuse & Mental Health
Robert Snarr, MPA, LCMHC – Program Administrator, Utah Substance Abuse & Mental Health

LGBTQ AFFIRMATIVE THERAPY FOR THE STRAIGHT CLINICIAN

Joshua Bytendorp, LCMHC – Program Manager, Lambda Pride

NEURAL PLASTICITY, MUSIC, MOVEMENT & MAPS-OF-CHANGE: ENGAGE THE HEALER WITHIN

Shannon Simonelli, PhD, ATR – Co-founder, Faculty & Practitioner, NeuroImaginal Institute

OBSESSIVE-COMPULSIVE DISORDER: EVIDENCE-BASED ASSESSMENT & TREATMENT

C.J. Powers, PhD – Staff Psychologist, University of Utah Neuropsychiatric Institute

PORTRAIT OF A CAREGIVER – LIVE ON STAGE!

Nancy Madsen -Wilkerson, MS, SSW – Caregiver Support Program Manager, Utah Division of Aging & Adult Services [Theatrical troupe liaison]

STOMPING OUT FEAR TO CREATE MENTAL RESILIENCE – A STEP-BY-STEP PROCESS FOR YOUR CLIENTS

Kimberly Giles, CPC – Master Coach, Claritypoint Coaching

SURVIVAL OF THE KINDEST: AN UPDATE OF EVIDENCE BASED PRACTICES FOR PROFESSIONAL RESILIENCY

Ashley Greenwell, PhD – Director, Center for Evidence Based Treatment, Trauma, Stress & Resilience Program

SUSTAINED RECOVERY: HOW WE GET THERE

Michael Cain, LMFT – Clinical Director, Southwest Behavioral Health Center

FRIDAY APRIL 1, 2016



7:30 - 8:00 CHECK-IN, EXHIBITS & CONTINENTAL BREAKFAST



8:00 - 9:00 WELCOME

University of Utah Neuropsychiatric Institute

KEYNOTE ADDRESS: TRAUMA IN TODAY'S WORLD: STUNTING ITS IMPACT ON INDIVIDUALS, FAMILIES AND COMMUNITIES AND STOPPING ITS INTERGENERATIONAL CARRY-OVER

J. Eric Gentry, PhD, LMHC – Vice President, International Association of Trauma Professionals; Co-owner, Compassion Unlimited



9:00 - 9:15 EXHIBITS & BREAK



9:15 - 10:30 CONCURRENT SESSIONS

ADDICTION IN THE BOOMER GENERATION

Elizabeth F. Howell, MD – Addictionologist, University of Utah Neuropsychiatric Institute

ADULTS ON THE AUTISM SPECTRUM WHO WERE OVERLOOKED OR MISDIAGNOSED IN YOUTH

Julia Connelly, PhD – Clinical Director, University of Utah Autism Spectrum Disorder Clinic

COMPARING & CONTRASTING DEMENTIAS

Dustin B. Hammers, PhD, ABPP-CN – Assistant Professor, University of Utah

AN OUNCE OF PREVENTION: CRISIS INTERVENTION & TRAUMA DEBRIEFING – TODAY'S MOST EFFECTIVE EVIDENCE-BASED INTERVENTIONS

J. Eric Gentry, PhD, LMHC

EMOTIONAL INTELLIGENCE - USING IT IN YOUR PRACTICE

John Webb, CTRS, CMHC – Expressive Therapies Manager, University of Utah Neuropsychiatric Institute

ETHICAL PRACTICE IN SPIRITUAL, RELIGIOUS, RACIAL & CULTURAL DIVERSITY

David Derezotes, PhD, LCSW – Professor, Mental Health Chair & Director of Bridge Training Clinic – University of Utah College of Social Work

HELPING COUPLES DEVELOP EMOTIONAL INTIMACY

Lori Schade, LMFT – Suncrest Counseling

TREATING DEPRESSION IN THE MOUNTAINS: STRATEGIES FOR APPROACHING TREATMENT RESISTANCE ASSOCIATED WITH LIVING AT ALTITUDE

Douglas Kondo, MD – Associate Psychiatry Professor, University of Utah School of Medicine; Salt Lake Veterans Administration Hospital; University of Utah Brain Institute

WHY MEN KILL THEIR FAMILIES: INTIMATE PARTNER HOMICIDE & SUICIDE

Sonia Salari, PhD – Associate Professor & Graduate Director, University of Utah Department of Family & Consumer Studies



10:30 - 10:45 EXHIBITS & BREAK



10:45 - 12:00 CONCURRENT SESSIONS

AUTISM, ANXIETY & EXECUTIVE FUNCTION: EASY AS P.I.E! (PLANNING, INITIATING & EXECUTING)

Suzanne Grimshaw, LCSW – Clinician, ScenicView Academy
Jared Stewart, MEd – Education Director, ScenicView Academy

CRIMINOGENIC FACTORS AS A GUIDE FOR TREATMENT – WHAT WORKS & DOESN'T

Rob Butters, PhD – Director, Utah Criminal Justice Center; Assistant Professor, University of Utah College of Social Work

HOW PORN IS SHAPING AN ENTIRE GENERATION

Clay Olsen – CEO, Fight the New Drug

PAIN MANAGEMENT AMIDST CHALLENGES OF BEHAVIORAL HEALTH & ADDICTIONS

Perry G. Fine, MD – Anesthesiologist, Pain Medicine, Palliative Care & Chronic Pain, University of Utah Pain Management Clinic

STEP OUT OF YOUR COMFORT ZONE: HOW TO BEGIN DISCUSSING SEXUALITY WITH YOUR CLIENTS

Shannon Hickman, LCSW – Shannon Hickman Counseling

STRATEGIES FOR WORKING WITH BEHAVIOR ISSUES IN DEMENTIA & OTHER NEURO-COGNITIVE IMPAIRMENTS

Christine Grimes, RN, ALM, COTA – Medication Adherence Consultant, Meds In Motion
Kate Nederostek, MGS, CDP – Program Director, Alzheimer's Association Utah Chapter

TRAUMATIC STRESS MANAGEMENT THROUGH DEVELOPMENTAL GENERATIONS – TOOLS FOR STABILIZATION & RECOVERY

J. Eric Gentry, PhD, LMHC

WE'RE TIRED, HURT & POWERLESS: HEALING FAMILIES IN RECOVERY

Cory A. Reich, PhD, LMFT – Executive Clinical Director, The Phoenix Recovery Center; Co-founder, Institute for Addiction Study

WHAT TO DO WHEN EATING DISORDERS APPEAR ON TOP OF THE DIAGNOSIS YOU ARE TREATING

Kristin Francis, MD – Associate Professor, University of Utah; Psychiatrist, University of Utah Neuropsychiatric Institute



12:00 - 1:15 LUNCH (on your own)



1:15 - 2:30 CONCURRENT SESSIONS

BLENDED FAMILIES: DO WE NEED A 'NINJA' APPROACH?

James F. Alexander, PhD – Founder, Functional Family Therapy

FORWARD-FACING TRAUMA THERAPY: HEALING THE MORAL WOUND

J. Eric Gentry, PhD, LMHC

HOW TO IMPROVE TREATMENT SUCCESS

Melissa White, BS – Clinical Psychology Doctorate Candidate, Brigham Young University

MEMO TO SELF: PROTECTING SOBRIETY WITH THE SCIENCE OF SAFETY

Institute for Addiction Study

MOTIVATIONAL INTERVIEWING TECHNIQUES TO HELP YOUR PRACTICE

Brad Lundahl, PhD – Psychologist & Associate Professor, University of Utah College of Social Work

RELATIONSHIPS, INTIMACY & SEXUALITY FOR INDIVIDUALS WITH A DEVELOPMENTAL DISABILITY OR AUTISM SPECTRUM DISORDER

Laura G. Holmes, MS – University of Utah Department of Psychology

ROUND TABLE – CHALLENGES OF SERVING INDIVIDUALS WITH BEHAVIORAL ISSUES IN LONG-TERM CARE FACILITIES

Robert Snarr, MPA, LCMHC – Program Administrator, Utah Substance Abuse & Mental Health [Moderator]

ROUND TABLE – IDENTIFYING NEEDS & SOLUTIONS AROUND DOMESTIC VIOLENCE

Domestic Violence Professionals Throughout Utah

TOOLS OF THE TRADE: A DIFFERENT SLANT ON DEMENTIA COMMUNICATION

DeeDee Richardson, CNA, VW, CDP – Dementia Educator & Life Enrichment Manager, Sunrise Senior Living in Holladay



2:30 - 2:45 EXHIBITS & BREAK



2:45 – 3:45 CONCURRENT SESSIONS

ARISE – ENGAGE FAMILY SYSTEMS TO CHANGE FAMILY PATTERNS

James Ott, LCSW, CAI, CIP – Executive Director, Interventionist & Therapist, Red Willow Counseling & Recovery

ASSESSING CARE NEEDS: KEEPING CLIENTS OUT OF THE TWILIGHT ZONE

Kathy Nelson, BA – Training Specialist, Salt Lake County Aging & Adult Services

BLUEPRINTS FOR BUILDING THE BRIDGE FROM ADOLESCENCE TO ADULTHOOD FOR INDIVIDUALS WITH AUTISM: MEDICAL CLINICS & THE GRAND DESIGN

*Debbie Downs – Supported Employment Director, Columbus Community Center
Amy M. Wadsworth, MS – Autism Program Consultant, Columbus Community Center
Scott D. Wright, PhD – Associate Professor, Gerontology Interdisciplinary Program, University of Utah College of Nursing;*

EFFECTIVE & ETHICAL COMMUNICATION WITH OLDER ADULTS AND FAMILIES FACING END-OF-LIFE

Nanci McLeskey, RN-BC, CHPN, FNGNA – Clinical Instructor, University of Utah College of Nursing

ETHICS & ETIQUETTE IN DOCUMENTATION

*Shea Eyzaguirre, LCSW – Supervisor & Coordinator, Psychosocial Rehabilitation & Recovery Center & Vocational Services Supervisor, Salt Lake City VA
Michael W. Tragakis, PhD – Coordinator, DBT Therapy Team, Staff Psychologist & Graduate Student Psychotherapy Trainer, Salt Lake City VA*

JUST IN TIME SCHEDULING

*Angela L. Krahulee, APRN, PMHCNS-BC – Weber Human Services
Lacy Rodriguez – Medication Clinic Manager, Weber Human Services*

KEEPING LOW RISK CLIENTS IN PROBLEM SOLVING COURTS RATHER THAN THROWING THEM WITH HIGH-RISK INDIVIDUALS BEHIND BARS

Lauri Royall – ASAP Criminal Justice Services [Facilitator]

RESILIENCY FOR PROFESSIONALS

J. Eric Gentry, PhD, LMHC

THE DRUG PIPELINE: TRENDS & PSYCHODYNAMICS THAT YOU SHOULD KNOW

Michael Ross, BA - Lieutenant, Salt Lake City Police Department



3:55 - 5:00 CLOSING KEYNOTE

HELPING DIFFERENT KINDS OF MINDS BECOME SUCCESSFUL

Temple Grandin, PhD – Biologist, Writer, Educator

(Supported in part by William M. McMahon, MD & the University of Utah Department of Psychiatry)

CONFERENCE PARTNERS

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- **University of Utah
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- **Provo Canyon School**
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Military Affairs**

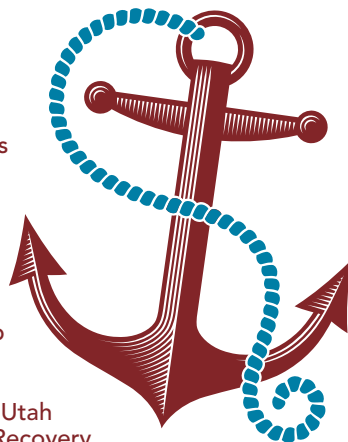
Exhibitors (\$750)

- **Affinity Guidance Services**
- **Alkermes**
- **American Foundation for Suicide
Prevention**
- **Army Community Service – Dugway**
- **Autism Council of Utah**
- **Central Rockies ATTC**
- **Deer Hollow Recovery**
- **Eating Recovery Center**
- **First Step House**
- **Highland Ridge Hospital**

- **Highland Springs
Specialty Clinics**
- **James Mason
Centers for
Recovery**
- **Journey
Healing Centers**
- **Lewis Bus Group**
- **Lion's Gate
Recovery**
- **Mind Body Soul Utah**
- **Mountain Peak Recovery**
- **New Beginnings Behavioral
Treatment Agency**
- **New Vision Medical Stabilization**
- **Odyssey House of Utah**
- **Pathways Real Life**
- **Recovery**
- **Phoenix Recovery & Counseling Center**
- **Recovery Help**
- **Renaissance Ranch Outpatient Treatment**
- **ScenicView Academy, Inc.**
- **St. George Detox Hospital**
- **Summit Community Counseling**
- **Therapia Addiction & Healing Center**
- **University of Utah College of Social
Work, PACE**
- **Valley Behavioral Health**

Others

- **Columbus Center**
- **Institute for Addiction Study**
- **Salt Lake City Healthcare Recruiting,
Center, Army**
- **Salt Lake City Vet Center**
- **Utah Domestic Violence Coalition**
- **Utah Transition Assistance
Administration**
- **University of Utah Department of
Psychiatry & Dr. William M. McMahon**



REGISTRATION FORM

Simply mail in this
completed form with a check, money order or billing
information OR register on-line with a credit card at www.esimgt.org using
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Name: _____

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Address: _____

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Daytime Phone: (_____) _____ Email: _____

* *Substitutions will not be accepted after March 18th. Such changes must be made on-site.*

EARLY-BIRD REGISTRATION (must be postmarked by February 19, 2016)

- ☐ \$250 Two-Day Conference (Thursday & Friday)
- ☐ \$260 Two-Day Conference with CEU/CME Certificate
- ☐ \$175 Pre-conference workshop on DBT (inc. CEU/CME certificate)
- ☐ \$175 Pre-conference workshop on MI (inc. CEU/CME certificate)
- ☐ \$ 50 Pre-conference workshop on Lethality Assessment (inc. CEU/CME certificate)

GENERAL REGISTRATION (must be postmarked by March 14, 2016)

- ☐ \$275 Two-Day Conference (Thursday & Friday)
- ☐ \$285 Two-Day Conference with CEU/CME Certificate
- ☐ \$210 Pre-conference workshop on DBT (inc. CEU/CME certificate)
- ☐ \$210 Pre-conference workshop on MI (inc. CEU/CME certificate)
- ☐ \$ 75 Pre-conference workshop on Lethality Assessment (inc. CEU/CME certificate)

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☐ I have obtained approval for my agency to be billed using PO #: _____

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ON-SITE REGISTRATION

This option will be on a space available basis only.

- ☐ \$350 Two-Day Conference (Thursday & Friday – inc. CEU/CME Certificate)
- ☐ \$275 Pre-conference workshop on DBT (inc. CEU/CME certificate)
- ☐ \$275 Pre-conference workshop on MI (inc. CEU/CME certificate)
- ☐ \$125 Pre-conference workshop on Lethality Assessment (inc. CEU/CME certificate)

* Lunch on March 31st is not guaranteed for on-site registrants.

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